

South East Locality Family Hub and Children's Centres

Charville, Hayes, Pinkwell and Yeading

7 September to 30 October 2026



**BEST
START
IN LIFE**

Thriving healthy households



HILLINGDON
LONDON

www.hillingdon.gov.uk/family-hubs

Useful information

How to Book

Families can book onto one session per week.

Please call a centre to book. If you cannot attend, please call to cancel.

To book additional sessions, please call the centre on the day, to see if any spaces have become available for that day.

Hillingdon family hubs and children's centres

For information on our services, session descriptions, and to view other family hubs and children's centres timetables, please visit www.hillingdon.gov.uk/family-hubs

Hillingdon Youth Offer

There are a variety of programmes and activities available to children and young people aged 8 to 19 (up to 24 years with special educational needs) who live, learn or earn in Hillingdon.

To find out more, please visit www.hillingdon.gov.uk/youth-offer

Centre information

The Centres are open Monday to Friday, from 9am to 4pm for information and support for families (some centres are open later in accordance with the timetable)

Charville Children's Centre

Bury Avenue, Hayes, UB4 8LF

☎ 01895 250104

@ charvillecc@hillington.gov.uk

Hayes Family Hub

College Way, Hayes, UB3 3BB

☎ 01895 558850

@ HayesFamilyHub@Hillingdon.gov.uk

Pinkwell Children's Centre

Pinkwell Lane, Hayes, UB3 1PG

☎ 01895 250533

@ pinkwellcc@hillington.gov.uk

Yeading Children's Centre

Carlyon Road, Hayes, UB4 0NR

☎ 01895 250360

@ ycc-enquiries@hillington.gov.uk

Health and partner services contacts

Midwifery Community Midwives

☎ 01895 279472

Health Visiting Team

☎ 01895 891302

🌐 www.hillingdoncyp.cnwl.nhs.uk

🌐 www.cnwl.nhs.uk/services/community-services/hillingdon-0-19-health-visiting-service

Hillingdon Talking Therapies

☎ 01895 206800

🌐 talkingtherapies.cnwl.nhs.uk/hillingdon

P3 Navigator Yiewsley Advice Centre

(Housing, Education, Training, Employment, Health, Benefits)

☎ 01895 436114

Hillingdon Talks, Moves and Plays

(Children's Integrated Therapies) visit www.cnwl.nhs.uk/children-integrated-therapy-service

☎ 01895 488 200

Other information

Childcare funding

Do you qualify for funded childcare for your child, from nine months to four years old? To find out more, speak to a member of our staff or visit www.hillingdon.gov.uk/funded-childcare.

Start for Life

For more information on Hillingdon's Start for Life, visit www.hillingdon.gov.uk/start-for-life

Healthy Start

Healthy Start helps you buy healthy foods and get free vitamins if you are pregnant or have a child under 4 and claim certain benefits. To apply visit www.hillingdon.gov.uk/healthystart

SEND Local Offer

Our local offer provides information for children and young people with special educational needs and disabilities (SEND) and their parents/carers. www.hillingdon.gov.uk/send

Children, young people and parents Directory of Services

For information on children, young people and family services in Hillingdon, visit careandsupport.hillingdon.gov.uk

Further support for your family

For further help and support for your family, visit www.hillingdon.gov.uk/stronger-families



Charville Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
Midwife 9.00am to 4.00pm Appointment Only Toddler Stay & Play 12 - 30 months 10.00am to 11.00am Booking required	Parent Space 0 to 5 years 10am to 11.30am By Invitation Only Perinatal Mental Health 9am to 4pm Appointment Only Stay & Play 0 to 5 years 1.30pm to 3pm Booking required Health Visitor Child Health Reviews 9am to 4pm Appointment Only Charville Library 0 to 5 years Hillingdon libraries also run free activities and sessions, scan the QR code below. 	Midwife 9.00am to 4.00pm Appointment Only Speech & Language Therapists – More than Play 9.30am to 1pm Appointment Only Stay and Play at William Byrd Primary School 0 to 7* years UB3 5EW 9.45am to 11.15am Booking required Online Weaning Delivered by the Health Visiting team via Teams. Wednesdays 10am to 11am Meeting ID: 368 693 883 090 7 Passcode: i2as6Xw7 	Midwife 9.00am to 4pm Appointment Only Early Bird (With Creche) 9.30am to 11.30am Invite only Baby Group Bumps to 12 months 1.30pm to 2.30pm Booking required Healthy Start  Scan QR code above to find out if you're eligible for weekly money to help buy milk, fresh fruit and vegetables. You can claim from the 10th week of pregnancy until your child's 4th birthday.	Stay and Play 0 to 5 years 9.45am to 11.15am Booking required Perinatal Mental Health 9.00am to 4.00pm Appointment Only Your Bump & Beyond -Antenatal workshop 4 Booking required. Please call 01895 250360.	Online Sessions & Courses We also offer online courses via Microsoft Teams, please scan the QR code below.  Yeading Dad's and Male Carers Group 0 to 5 years 10am to 11.30am 26th September 31st October Booking required  Five to thrive champions

Hayes Family Hub Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
Child Health Clinic 9.30am to 11.30am Drop in 2 Year Health Reviews 9am to 12pm Appointment only Midwife 9am to 4pm Appointment only Perinatal Mental Health 9am to 4pm Appointment only	Attention Hillingdon 9.30am to 10.30am Invite Only Physiotherapy 9am to 12pm Appointment only Stay and Play 0 to 5 years 9.30am to 10.30am 20th and 27th October Booking required Hillingdon libraries also run free activities and sessions, scan the QR code below 	Attention Hillingdon 9.30am to 10.30am Invite Only Stay and Play 0 to 5 years 9.30am to 10.30am 21st and 28th October Booking required 2 Year Health Reviews 9am to 12pm Appointment only Midwife 9am to 12pm Appointment only	Early Words Together 10am to 10.50am Invite Only CITs 9am to 12pm Appointment only Midwife 9am to 12pm Appointment only P3 (Advice and support) 11am to 7pm Book direct with P3 on 01895 436 114	Baby Group 10 to 18 months 10am to 11.15am Booking required Midwife 9am to 4pm Appointment only Free Explore Hillingdon For Healthy lifestyles  SEE NEXT PAGE FOR THE AFTERNOON TIMETABLE	Online Sessions & Courses We also offer online courses via Microsoft Teams, please scan the QR code below.  Yeading Dad's and Male Carers Group 0 to 5 years 10am to 11.30am 26th September 31st October Booking required  Five to thrive champions

Hayes Family Hub Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
Stay and Play Plus 0 to 5 years 1.45pm to 2.45pm Booking required Starts 14th September Baby Health Reviews 1.30pm to 3pm Appointment only Hillingdon Youth Offer (various programmes) 11 to 19 years 4pm to 7pm *See notes section for more details.	Baby Group 0 to 12 months 2pm to 3pm Booking required Midwife 1pm to 4pm Appointment only Stop Smoking 1pm to 4pm Appointment only Hillingdon Youth Offer (various programmes) 8 to 19 years 4pm to 7pm Term time only *See notes section for more details	Perinatal Mental Health 9am to 4pm Appointment only Stay and Play 0 to 5 years 1.30pm to 3pm Booking required Not running 16th & 30th September Baby Health Reviews 1.30pm to 3pm Appointment only DWP/Job Centre Plus Advice and Support 1pm to 3pm Fortnightly sessions 16th & 30th September 14th & 28th October Drop-in Hillingdon Youth Offer (various programmes) 8 to 19 years 4pm to 8pm	Parent Space 1.30pm to 2.30pm Invite Only Perinatal Mental Health Support Groups 1pm to 2.15pm Invitation Only Hillingdon Youth Offer 13 to 24 years 4.30pm to 7.30pm Healthy Start  Scan QR code above to find out if you're eligible for weekly money to help buy milk, fresh fruit and vegetables. You can claim from the 10th week of pregnancy until your child's 4th birthday.	Postnatal Baby Group 0-4 months 1.30pm to 2.45pm Booking required SENDIASS 1pm to 3pm 9th October Drop in Hillingdon Youth Offer (various programmes) 8 to 11 years 4pm to 5.30pm *See notes section for more details.	*Hillingdon Youth Offer 8 to 25 years Various programs includes counselling, mentoring, transition support, sexual health information and advice, substance use and misuse support, programs for girls and young women and programs for boys and young men and LGBTQ+. For more information visit www.hillingdon.gov.uk/targeted-programmes



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Pinkwell Children's Centre activities timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
P3 (Advice / support) Alternating Mondays 9am to 4pm Call 01895 436114 to book appointment Attention Hillingdon 14 Sept. to 6 Oct. 9.45am to 10.45am Invite only Stay and Play 0 to 5 years 1.30pm to 2.30pm Booking required Healthy Start  Scan QR code above to find out if you're eligible. You can claim from the 10th week of pregnancy until your child's 4th birthday.	Child Health Reviews 9am to 3.30pm By appointment Midwifery Clinic 9am to 4pm By appointment Attention Hillingdon 14 Sept. to 6 Oct. 9.45am to 10.45am Invite only Stay and Play Plus 0 to 5 years 1.30pm to 2.30pm Booking required	Midwifery Clinic 9am to 4pm By appointment Stay and Play at William Byrd Primary School 0 to 5 years UB3 5EW 9.45am to 11.15am Booking required Parent Space 1.30pm to 2.30pm Invite only Your Bump and Beyond Children's Centre Antenatal Workshop On 21 October 1.30pm to 2.30pm Booking required	Breastfeeding Drop-in Group 10.30am – 11.30am Toddler Stay & Play 13 – 30 months 10am to 11am Booking required Health Visitor Child Health Clinic 1pm to 3pm Drop in Stay and Play 0 to 5 years 1.30pm to 2.30pm Booking required Hillingdon libraries also run free activities and sessions, scan the QR code below 	Midwife Clinic 9am to 4pm Health Visitor Reviews 9am to 3.30pm Invite only Baby Group (Expectant parents also welcome) 0 to 12 months 10am to 11am Booking required SENDIASS On 23 October 1pm to 3pm Drop in	Online Sessions & Courses We also offer online courses via Microsoft Teams, please scan the QR code below.  Free Explore Hillingdon For Healthy lifestyles   Five to thrive champions

Yeading Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
P3 Advice and support (Housing, Education, Training, Employment, Health, Benefits) 9:00am – 4pm Book direct with P3 on: 01895 436 114 Twinkle Twinkle (A Portage group for young children with Downs Syndrome) 10.15am to 11.30am 7th September 5th October Booking required Stay and play 0 to 5 years 9.30am to 11.00am Booking required No session 7th September 5th October Baby Group Bumps to 12 months 1.30pm to 2.30pm Booking required	Toddler Stay and Play 12 to 30 months 10am to 11.00am Booking required Midwife 9am to 4pm Appointment Only Forest School 8th, 15th 22nd September (2 to 5 years) 1.30pm to 2.45pm Booking required Yeading Library 0 to 5 years Hillingdon libraries also run free activities and sessions, scan the QR code below. 	Child Health Clinic 9.30am to 11.30am Drop in Midwife 9am to 4pm Appointment Only Health Visitor Child Health Reviews 1pm to 4pm Appointment Only Stay and Play 0 to 5 years 1.30pm to 3.00pm Booking required 	CNWL Speech and Language Groups 9am to 4pm Appointment Only Midwife 9am to 4pm Appointment Only Parent Space 1.30pm to 3pm By Invitation Only Healthy Start  Scan QR code above to find out if you're eligible for weekly money to help buy milk, fresh fruit and vegetables. You can claim from the 10th week of pregnancy until your child's 4th birthday.	Midwife 9am to 4pm Appointment Only Stay and Play Plus 0 to 5 years 10am to 11am Booking required. Your Bump & Beyond Hospital Antenatal workshops Booking required  Your Bump & Beyond Children's Centre Antenatal workshop Please ask a staff member to book.	Online Sessions & Courses We also offer online courses via Microsoft Teams, please scan the QR code below.  Yeading Dad's and Male Carers Group 0 to 5 years 10am to 11.30am 26th September 31st October  Five to thrive champions