

South West Locality Family Hub and Children's Centres

Cherry Lane, Colham Manor, Oak Farm, Uxbridge and Yiewsley

13 April – 22 May 2026



BEST
START
IN LIFE

Thriving healthy households



HILLINGDON
LONDON

www.hillingdon.gov.uk/family-hubs

Useful information

How to Book

Families can book onto one session per week.

Please call a centre to book. If you cannot attend, please call to cancel.

To book additional sessions, please call the centre on the day, to see if any spaces have become available for that day.

Hillingdon family hubs and children's centres

For information on our services, session descriptions, and to view other family hubs and children's centres timetables, please visit www.hillingdon.gov.uk/family-hubs

Hillingdon Youth Offer

There are a variety of programmes and activities available to children and young people aged 8 to 19 (up to 24 years with special educational needs) who live, learn or earn in Hillingdon.

To find out more, please visit www.hillingdon.gov.uk/youth-offer

Centre information

The Centres are open Monday to Friday, from 9am to 4pm for information and support for families (some centres are open later in accordance with the timetable)

Cherry Lane Children's Centre

Sipson Road, West Drayton, UB7 9DL

☎ 01895 250393

@cherrylanecc@hillingsdon.gov.uk

Colham Manor Children's Centre

Violet Avenue, Hillingdon, UB8 3PT

☎ 01895 250211

@colhammanorcc@hillingsdon.gov.uk

Oak Farm Children's Centre

Windsor Avenue, Hillingdon, UB10 9PD

☎ 01895 250865

@oakfarmcc@hillingsdon.gov.uk

Uxbridge Family Hub

Civic centre, High Street, Uxbridge, UB8 1UW

☎ 01895 250258

@uxbridgefamilyhub@hillingsdon.gov.uk

Yiewsley Children's Centre

Colham Avenue, Yiewsley, UB7 8HF

☎ 01895 558194

@yiewsleycc@hillingsdon.gov.uk

Health and partner services contacts

Midwifery Community Midwives

☎ 01895 279472

Health Visiting Team

☎ 01895 891302

🌐 www.hillingdoncyp.cnl.nhs.uk

🌐 www.cnl.nhs.uk/services/community-services/hillingdon-0-19-health-visiting-service

Hillingdon Talking Therapies

☎ 01895 206800

🌐 talkingtherapies.cnl.nhs.uk/hillingdon

P3 Navigator Yiewsley Advice Centre

(Housing, Education, Training, Employment, Health, Benefits)

☎ 01895 436114

Hillingdon Talks, Moves and Plays

(Children's Integrated Therapies) visit www.cnl.nhs.uk/children-integrated-therapy-service

☎ 01895 488 200

Other information

Childcare funding

Do you qualify for funded childcare for your child, from nine months to four years old? To find out more, speak to a member of our staff or visit www.hillingdon.gov.uk/funded-childcare.

Start for Life

For more information on Hillingdon's Start for Life, visit www.hillingdon.gov.uk/start-for-life

Healthy Start

Healthy Start helps you buy healthy foods and get free vitamins if you are pregnant or have a child under 4 and claim certain benefits. To apply visit www.hillingdon.gov.uk/healthystart

SEND Local Offer

Our local offer provides information for children and young people with special educational needs and disabilities (SEND) and their parents/carers. www.hillingdon.gov.uk/send

Children, young people and parents Directory of Services

For information on children, young people and family services in Hillingdon, visit careandsupport.hillingdon.gov.uk

Further support for your family



For further help and support for your family, visit www.hillingdon.gov.uk/stronger-families

Hillingdon Family Hubs  



Five to thrive
champions

Cherry Lane Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Antenatal Clinic 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p>Multi-Disciplinary Team (MDT) 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p>Baby Group 0 to 12 Months 1.30pm to 2.30pm No Session 4 May <i>Booking Required.</i></p> 	<p>Health Visitor reviews 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Attention Hillingdon 10am to 10:45am 21 April – 21 May <i>By Invitation Only.</i></p> <p>.....</p> <p>Stay & Play 12 to 24 Months 1.30pm to 2.30pm <i>Booking Required.</i></p>	<p>Health Visitor 2 Year Check 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p>Stay & Play 0 – 5 Years 9:15am to 10.45am <i>Booking Required.</i></p> <p>.....</p> <p>SENDIASS Drop In 9:15am to 10.45am 22 April & 13 May <i>Drop In.</i></p> <p>.....</p> <p>Child Health Clinic 1pm to 3pm <i>Drop In.</i></p> <p>.....</p> <p>Online Weaning Party Delivered by the Health Visiting Team via Zoom Weekly 10am to 11am Passcode Weaning Meeting ID 9541018 8033</p>	<p>Antenatal Clinic 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p>Attention Hillingdon 10am to 10:45am 21 April – 21 May No Session 7 May <i>By Invitation Only.</i></p> <p>.....</p> <p>Postnatal Clinic 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p>Stay & Play 0 – 5 Years 1pm to 2.30pm No Session 7 May <i>Booking Required.</i></p> <p>.....</p> <p>Children's Centre Closure Date</p> <p>Cherry Lane Children's Centres will be closed on the following day.</p> <p>7 May</p>	<p>Perinatal Mental Health 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Music & Movement Confident Walkers to 5 Years 10am to 11am No Session 1 May <i>Booking Required.</i></p>	<p>Online Sessions & Courses We also offer online courses via Microsoft Teams, please see hillington.gov.uk/children's-centres for more details</p> <p>.....</p> <p>Dads Group 0 to 7 Years 10am to 11:30am 9 May <i>Booking Required.</i></p> <p>.....</p> <p>Children's Centre & Family Hub Closure Dates.</p> <p>All Children's Centres & Family Hubs in Hillingdon will be closed on the following days.</p> <p>4 May & 25 May</p>  <p>Five to thrive champions</p>

Colham Manor Children's Centre Activities Timetable


Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Perinatal Mental Health 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Midwife Antenatal and Postnatal 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Stay & Play 0 – 5 Years 10am to 11:30am <i>Booking required.</i></p> <p>.....</p> <p>Language for Life 1:30pm to 2:30pm 20 April – 18 May <i>By Invitation Only</i></p>	<p>Midwife Antenatal and Postnatal 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>CITS - Speech & Language 9am to 12pm <i>By Invitation Only</i></p> <p>.....</p> <p>Neonatal Clinic 9am – 1pm <i>By Invitation Only</i></p> <p>.....</p> <p>SENDIASS Drop In 9:30am to 11:30am 28 April <i>Drop In.</i></p> <p>.....</p> <p>Baby Group 0 to 12 Months 10:15am to 11:15am <i>Booking Required</i></p> <p>.....</p> <p>Garden Play with Forest School 2 – 5 Years 1:30pm to 2:30pm <i>Booking Required</i></p>	<p>Perinatal Mental Health 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Midwife Antenatal and Postnatal 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Child Development Centre Session (CDC) 9am – 1pm <i>By Invitation Only</i></p> <p>.....</p> <p>Parent Carer Forum 10am – 1pm 22 April & 20 May</p> <p>.....</p> <p>Your Bump & Beyond 1pm – 3pm 22 April & 20 May <i>By Invitation Only</i></p> <p>.....</p> <p>Parent Space 1:30pm – 2:30pm <i>By Invitation Only</i></p> <p>.....</p> <p>Online Weaning Party Delivered by the Health Visiting Team via Zoom Weekly 10am to 11am Passcode Weaning Meeting ID 9541018 8033</p>	<p>Breastfeeding One to One Clinic 9am – 4pm <i>By appointment Only</i></p> <p>.....</p> <p>Infant Feeding Support Drop in Clinic 10am – 11:30am <i>Drop in</i></p> <p>.....</p> <p>BCG Clinic 9am – 4pm <i>By Invitation Only</i></p>	<p>Perinatal Mental Health 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Midwife Antenatal and Postnatal 1pm to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Occupational Therapy 9am to 12pm <i>By Invitation Only</i></p> <p>.....</p> <p>Autism Parent Support Group 9:30am to 10:30am Session 8 May <i>Drop In.</i></p> <p>.....</p> <p>Stay & Play Plus 0 – 5 Years 10am to 11am No Session 8 May <i>Booking required.</i></p> <p>.....</p> <p>Stay & Play (Messy) 0 – 5 Years 1:30pm to 2:30pm <i>Booking required.</i></p>	<p>Online Sessions & Courses We also offer online courses via Microsoft Teams, please see hillingdon.gov.uk/children's-centres for more details</p> <p>.....</p> <p>Children's Centre & Family Hub Closure Dates.</p> <p>All Children's Centres & Family Hubs in Hillingdon will be closed on the following days.</p> <p>4 May & 25 May</p>



Five to thrive champions

Uxbridge Family Hub Activities Timetable



Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>MAPS 9am to 5pm <i>By invitation only.</i></p> <hr/> <p>Midwife Antenatal Clinic 9am to 12pm <i>By appointment only.</i></p> <hr/> <p>The Confederation Hillingdon 1pm to 7:30pm <i>By Invitation Only</i></p> <hr/> <p>Stay & Play 12 – 24 Months 10am to 11am <i>Booking required.</i></p> <hr/> <p>Storytime 0 to 5 Years 1:30pm to 2:30pm <i>Booking required.</i></p>	<p>MAPS 9am to 5pm <i>By invitation only.</i></p> <hr/> <p>CITS - Small Talk (Speech & Language) 9am to 12pm <i>By appointment only.</i></p> <hr/> <p>Health Visitor reviews 9am to 12pm <i>By appointment only.</i></p> <hr/> <p>Post Natal Baby Group 0 to 4 Months 10:15am to 11:30am 14 April – 19 May <i>Invite Only.</i></p> <hr/> <p>P3 Family Advice 11am to 7pm <i>Booking required.</i></p> <hr/> <p>SENDIASS Drop In 1pm to 3pm 14 April & 19 May <i>Drop In.</i></p> <hr/> <p>Ready to Go 0 to 5 Years 1:30pm to 3pm 28 April – 19 May <i>Invite Only.</i></p>	<p>MAPS 9am to 5pm <i>By invitation only.</i></p> <hr/> <p>Midwife Antenatal & Postnatal Clinic 9am to 3pm <i>By appointment only.</i></p> <hr/> <p>Stay & Play 0 to 5 Years 10am to 11.30am <i>Booking required.</i></p> <hr/> <p>The Confederation Hillingdon 12pm to 4pm <i>By Invitation Only</i></p> <hr/> <p>Health Visitor Reviews 1pm to 2pm <i>By appointment only.</i></p> <hr/> <p>Baby Group 0 to 12 Months 1:30pm to 2.30pm <i>Booking required.</i></p> <hr/> <p>Online Weaning Party Delivered by the Health Visiting Team via Zoom Weekly 10am to 11am Passcode Weaning Meeting ID 9541018 8033</p>	<p>MAPS 9am to 5pm <i>By invitation only.</i></p> <hr/> <p>Health Visitor Reviews 9am to 12pm <i>By appointment only.</i></p> <hr/> <p>Chattertots 9am to 12pm <i>By invitation only.</i></p> <hr/> <p>CITS – Speech & Language (More Than Play) 9am to 12pm <i>By Invitation Only</i></p> <hr/> <p>The Confederation Hillingdon 2pm to 7:30pm <i>By Invitation Only</i></p> <hr/> <p>Family Hub Parent Group (With Creche) 10am to 11:30am 16 April & 14 May <i>By Invitation Only.</i></p> <hr/> <p>Stay & Play Plus 0 – 7 Years 1:30pm to 2:30pm <i>Booking required.</i></p>	<p>MAPS 9am to 5pm <i>By invitation only.</i></p> <hr/> <p>Midwife Antenatal Clinic 9am to 12pm <i>By appointment only.</i></p> <hr/> <p>Hillingdon Parent Carer Forum 10am to 1pm 10 April & 8 May</p> <hr/> <p>ESOL with Creche 24 April – 3 July 9:30am to 11:30am No Session 29 May <i>By Invitation Only.</i></p> <hr/> <p>Stay & Play 0 to 5 Years 1:30pm to 2.30pm <i>Booking required.</i></p>	<p>Hillingdon Youth Offer 7 to 24 Years (25 with SEND) 10am to 2pm Various programmes include: Counselling, Mentoring, Transition, Support, LGBTQ+, Sexual Health information and advice, Substance Use and Misuse support, Programmes for girls, young women, boys and young men. <i>Use links below for programmes available</i> Targeted programmes for children and young people - Hillingdon Council Young people's centres, mobile and detached team - Hillingdon Council</p> <hr/> <p>Children's Centre & Family Hub Closure Dates. All Children's Centres & Family Hubs in Hillingdon will be closed on the following days. 4 May & 25 May</p> <div style="text-align: right;">  <p>Five to thrive champions</p> </div>

Oak Farm Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Midwife Antenatal Clinic 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p>Health Visitor reviews 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p>CITS - Speech & Language 2pm to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Stay & Play 0 – 5 Years 10am to 11:30am <i>Booking required.</i></p> <p>.....</p> <p>Musical Babies 0 – 12 Months 1:30pm to 2:30pm <i>Booking required.</i></p>	<p>Perinatal Mental Health 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Perinatal Baby Massage 10am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p>Stay & Play Plus 0 – 5 Years 10am to 11am. Starts 21 April <i>Booking required.</i></p> <p>.....</p> <p>Attention Hillingdon 1:30pm to 2:30pm 14 April – 16 May <i>By Invitation Only.</i></p>	<p>Perinatal Mental Health 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Food Explorers 10am to 11am <i>By Invitation Only.</i></p> <p>.....</p> <p>Stay & Play 12– 24 Months 1:30pm to 2:30pm No Session 22 April <i>Booking required.</i></p> <p>.....</p> <p>Online Weaning Party Delivered by the Health Visiting Team via Zoom Weekly 10am to 11am Passcode Weaning Meeting ID 9541018 8033</p>	<p>Health Visitor 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p>Child Health Clinic Drop In 9:30am to 11:30am <i>Drop in.</i></p> <p>.....</p> <p>Health Visitor Reviews 12pm to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Parent Space 1:30pm – 2:30pm <i>By Invitation Only</i></p>	<p>Midwife Postnatal Clinic 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p>Baby Group 0 to 12 Months 10:30am to 11:30am <i>Booking Required</i></p> <p>.....</p> <p>Stay & Play (Messy) 0 – 5 Years 1:30pm to 2:30pm <i>Booking required.</i></p>	<p>Online Sessions & Courses We also offer online courses via Microsoft Teams, please see hillington.gov.uk/children's-centres-for-more-details</p> <p>.....</p> <p>Children's Centre & Family Hub Closure Dates.</p> <p>All Children's Centres & Family Hubs in Hillingdon will be closed on the following days.</p> <p>4 May & 25 May</p>



Five to thrive champions

Yiewsley Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Health Visitor 2 Year Check 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Perinatal Mental Health 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Stay & Play 12 to 24 Months 10am to 11am No Session 4 & 25 May <i>Booking Required.</i></p> <p>.....</p> <p>Stay & Play 0 – 5 Years 1pm to 2:30pm No Session 13 April, 4 & 25 May <i>Booking Required.</i></p>	<p>Perinatal Mental Health 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>Child Health Clinic Drop In 9.30am to 11.30am <i>Drop in.</i></p> <p>.....</p> <p>Baby Massage 0 – 6 Months 1.30pm to 2.30pm 21 April & 19 May No Session 6 May <i>By Invitation Only.</i></p>	<p>Cared For Children 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>CITS – Speech & Language 9.30am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p>Baby Group 0 to 12 Months 1.30pm to 2.30pm <i>Booking Required.</i></p> <p>.....</p> <p>Online Weaning Party Delivered by the Health Visiting Team via Zoom Weekly 10am to 11am Passcode Weaning Meeting ID 9541018 8033</p>	<p>Perinatal Mental Health 1pm to 4pm <i>By appointment only.</i></p> <p>.....</p> <p>The Nurturing Programme (With Creche) 1:30pm to 2:30pm 23 April – 9 July No Session 28 May <i>By Invitation Only.</i></p> <p>.....</p> <p>Parent Space 1:30pm – 2:30pm No Session 16 April <i>By Invitation Only</i></p>	<p>Health Visitor 10 Months Check 10am to 11am <i>By appointment only.</i></p> <p>.....</p> <p>Antenatal Clinic 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p>Stay & Play 0 to 5 Years 9:30am to 11am <i>Booking Required.</i></p> <p>.....</p> <p>Postnatal Clinic 12pm to 3pm <i>By appointment only.</i></p> <p>.....</p> <p>Stay & Play 0 to 5 Years 1pm to 2:30pm <i>Booking Required.</i></p> <p>.....</p> <p>SENDIASS Drop In 1:30pm to 2:30pm 17 April & 15 May <i>Drop In.</i></p>	<p>Online Sessions & Courses We also offer online courses via Microsoft Teams, please see hillingdon.gov.uk/ children's centres for more details</p> <p>.....</p> <p>Children's Centre & Family Hub Closure Dates.</p> <p>All Children's Centres & Family Hubs in Hillingdon will be closed on the following days.</p> <p>4 May & 25 May</p>



Five to thrive champions