

# South West Locality Family Hub and Children's Centres

Cherry Lane, Colham Manor, Oak Farm, Uxbridge and Yiewsley

5<sup>th</sup> January – 20<sup>th</sup> February 2026



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[www.hillingdon.gov.uk/family-hubs](http://www.hillingdon.gov.uk/family-hubs)



# Useful information

## How to Book

To book a session, please ensure you are already registered with the Family Hubs or Children's Centres. You can book a session by contacting your local Family Hub or Children's Centre, or by emailing [familyhubnetwork@hillingdon.gov.uk](mailto:familyhubnetwork@hillingdon.gov.uk).

Please include the course title, the date you would like to book, your full name, and your date of birth.

For more information or to register, visit [www.hillingdon.gov.uk/family-hubs](http://www.hillingdon.gov.uk/family-hubs).

Please note that all online sessions are available through Microsoft Teams.

## Hillingdon family hubs and children's centres

To view our range of services, session descriptions and to see other family hubs and children's centres timetables visit [www.hillingdon.gov.uk/family-hubs](http://www.hillingdon.gov.uk/family-hubs)

## Hillingdon Youth Offer

There are a variety of programmes and activities available to children and young people aged 8 to 19 (up to 24 years with special educational needs) who live, learn or earn in Hillingdon.

To find out more, please visit [www.hillingdon.gov.uk/youth-offer](http://www.hillingdon.gov.uk/youth-offer)

## Centre information

The Centres are open Monday to Friday, from 9am to 4pm for information and support for families (some centres are open later in accordance with the timetable)

### Cherry Lane Children's Centre

Sipson Road, West Drayton, UB7 9DL  
☎ 01895 250393

@cherrylanecc@hillingdon.gov.uk

### Colham Manor Children's Centre

Violet Avenue, Hillingdon, UB8 3PT

☎ 01895 250211

@colhammanorcc@hillingdon.gov.uk

### Oak Farm Children's Centre

Windsor Avenue, Hillingdon, UB10 9PD

☎ 01895 250865

@oakfarmcc@hillingdon.gov.uk

### Uxbridge Family Hub

Civic centre, High Street, Uxbridge, UB8 1UW

☎ 01895 250258

@uxbridgefamilyhub@hillingdon.gov.uk

### Yiewsley Children's Centre

Colham Avenue, Yiewsley, UB7 8HF

☎ 01895 558194

@yiewsleycc@hillingdon.gov.uk

## Health and partner services contacts

### Midwifery Community Midwives

☎ 01895 279472

### Health Visiting Team

☎ 01895 891302

🌐 [www.hillingdoncyp.cnwl.nhs.uk](http://www.hillingdoncyp.cnwl.nhs.uk)

🌐 [www.cnwl.nhs.uk/services/community-services/hillingdon-0-19-health-visiting-service](http://www.cnwl.nhs.uk/services/community-services/hillingdon-0-19-health-visiting-service)

### Hillingdon Talking Therapies

☎ 01895 206800

🌐 [talkingtherapies.cnwl.nhs.uk/hillingdon](http://talkingtherapies.cnwl.nhs.uk/hillingdon)

### P3 Navigator Yiewsley Advice Centre

(Housing, Education, Training, Employment, Health, Benefits)

☎ 01895 436114

## Hillingdon Talks, Moves and Plays

(Children's Integrated Therapies) visit [www.cnwl.nhs.uk/children-integrated-therapy-service](http://www.cnwl.nhs.uk/children-integrated-therapy-service)

☎ 01895 488 200

## Other information

### Childcare funding

Do you qualify for funded childcare for your child, from nine months to four years old? To find out more, speak to a member of our staff or visit [www.hillingdon.gov.uk/funded-childcare](http://www.hillingdon.gov.uk/funded-childcare).

### Start for Life

For more information on Hillingdon's Start for Life, visit [www.hillingdon.gov.uk/start-for-life](http://www.hillingdon.gov.uk/start-for-life)

### Healthy Start

Healthy Start helps you buy healthy foods and get free vitamins if you are pregnant or have a child under 4 and claim certain benefits. To apply visit [www.hillingdon.gov.uk/healthystart](http://www.hillingdon.gov.uk/healthystart)

### SEND Local Offer

Our local offer provides information for children and young people with special educational needs and disabilities (SEND) and their parents/carers. [www.hillingdon.gov.uk/send](http://www.hillingdon.gov.uk/send)

### Children, young people and parents Directory of Services

For information on children, young people and family services in Hillingdon, visit [careandsupport.hillingdon.gov.uk](http://careandsupport.hillingdon.gov.uk)

### Further support for your family

For further help and support for your family, visit [www.hillingdon.gov.uk/stronger-families](http://www.hillingdon.gov.uk/stronger-families)

Hillingdon Family Hubs  



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# Cherry Lane Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p><b>School Counsellor</b> 9am to 3pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Midwife</b> <b>Antenatal &amp; Postnatal</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Multi-Disciplinary Team (MDT)</b> 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Baby Group</b> <b>0 to 12 Months</b> 1.30pm to 2.30pm <i>Booking Required.</i></p>	<p><b>School Counsellor</b> 9am to 3pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Health Visitor reviews</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Attention Hillingdon</b> 10am to 10:45am 15 January – 12 February <i>By Invitation Only.</i></p> <p>.....</p> <p><b>Stay &amp; Play</b> <b>12 to 24 Months</b> 1.30pm to 2.30pm <i>Booking Required.</i></p>	<p><b>School Counsellor</b> 9am to 3pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Health Visitor 2 Year Check</b> 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Stay &amp; Play</b> <b>0 to 5 Years</b> 9.15am to 10.45am No Session 4 February <i>Booking Required.</i></p> <p>.....</p> <p><b>Child Health Clinic</b> 1pm to 3pm No Session 4 February <i>Drop In.</i></p> <p>.....</p> <p><b>Online Weaning Party</b> Delivered by the Health Visiting Team via Zoom Weekly 10am to 11am Passcode Weaning Meeting ID 9541018 8033</p>	<p><b>School Counsellor</b> 9am to 3pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Midwife</b> <b>Antenatal and Postnatal</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Attention Hillingdon</b> 10am to 10:45am 15 January – 12 February <i>By Invitation Only.</i></p> <p>.....</p> <p><b>Stay &amp; Play</b> <b>0 to 5 Years</b> 1pm to 2.30pm <i>Booking Required.</i></p>	<p><b>School Counsellor</b> 9am to 3pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Perinatal Mental Health</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Music &amp; Movement</b> <b>Confident Walkers to 5 Years</b> 10am to 11am No Session 8 August <i>Booking Required.</i></p> <p>.....</p> <p><b>Story &amp; Rhyme Time</b> <b>0 to 5 Years</b> 1:30pm to 2:30pm No Session 20 February <i>Booking Required.</i></p>	<p><b>Online Sessions &amp; Courses</b> We also offer online courses via Microsoft Teams, please see <a href="http://hillingdon.gov.uk/children's-centres">hillingdon.gov.uk/children's-centres</a> for more details</p> <p>.....</p> <p><b>Dads Group</b> <b>0 to 5 Years</b> 10am to 11:30am 10 January 14 February <i>Booking Required.</i></p>



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# Colham Manor Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p><b>Perinatal Mental Health</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Antenatal Programme</b> 9am to 4pm <i>By Invitation Only</i> Session starts 9 June</p> <p>.....</p> <p><b>Midwife</b> <b>Antenatal and Postnatal</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Stay &amp; Play</b> <b>0 – 5 Years</b> 10am to 11:30am <i>Booking required.</i></p> <p>.....</p> <p><b>Baby Massage</b> <b>0 – 6 Months</b> 1:30pm to 2:30pm 12 January – 2 February <i>By Invitation Only.</i></p>	<p><b>Midwife</b> <b>Antenatal and Postnatal</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>CITS - Speech &amp; Language</b> 9am to 12pm <i>By Invitation Only</i></p> <p>.....</p> <p><b>Neonatal Clinic</b> 9am – 1pm <i>By Invitation Only</i></p> <p>.....</p> <p><b>SENDIASS Drop In</b> 9:30am – 11:30am 27 January &amp; 24 February <i>Drop In.</i></p> <p>.....</p> <p><b>Baby Group</b> <b>0 to 12 Months</b> 10:15am to 11:15am <i>Booking Required</i></p> <p>.....</p> <p><b>Attention Hillingdon</b> 1:30pm to 2:15pm 15 January – 12 February <i>By Invitation Only.</i></p> <p>.....</p> <p><b>Your Bump &amp; Beyond Workshop</b> 1pm to 3pm 10 February <i>By Invitation Only.</i></p>	<p><b>Perinatal Mental Health</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Midwife</b> <b>Antenatal and Postnatal</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Child Development Centre Session (CDC)</b> 9:30am – 11:30am <i>By Invitation Only</i></p> <p>.....</p> <p><b>Parent Space</b> 1:30pm to 2:30pm No Session 4 February <i>By Invitation Only.</i></p> <p>.....</p> <p><b>Your Bump &amp; Beyond Workshop</b> 1pm to 3pm 7 January <i>By Invitation Only.</i></p> <p>.....</p> <p><b>Online Weaning Party</b> Delivered by the Health Visiting Team via Zoom Weekly 10am to 11am Passcode Weaning Meeting ID 9541018 8033</p>	<p><b>Infant Feeding Support Clinic</b> 9am – 4pm <i>By appointment Only</i></p> <p>.....</p> <p><b>CITS - Speech &amp; Language</b> 9am to 12pm <i>By Invitation Only</i></p> <p>.....</p> <p><b>Infant feeding Support Drop in Clinic</b> 10am – 11:30am <i>Drop in</i></p> <p>.....</p> <p><b>BCG Clinic</b> 9am – 4pm <i>By Invitation Only</i></p> <p>.....</p> <p><b>Music &amp; Movement</b> <b>Confident Walkers – 5 Years</b> 10am to 11am <i>Booking required.</i></p> <p>.....</p> <p><b>Attention Hillingdon</b> 1:30pm to 2:15pm 15 January – 12 February <i>By Invitation Only.</i></p>	<p><b>Perinatal Mental Health</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Midwife</b> <b>Antenatal and Postnatal</b> 1pm to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Occupational Therapy</b> 9am to 12pm <i>By Invitation Only</i></p> <p>.....</p> <p><b>Stay &amp; Play</b> <b>0 – 5 Years</b> 10am to 11:30am No Session 9 January &amp; 13 February <i>Booking required.</i></p> <p>.....</p> <p><b>Autism Parent Support Group</b> 9:30am – 11:30am 9 January &amp; 13 February <i>Drop In.</i></p> <p>.....</p> <p><b>Stay &amp; Play (Messy)</b> <b>0 – 5 Years</b> 1:30pm to 2:45pm <i>Booking required.</i></p>	<p><b>Online Sessions &amp; Courses</b> We also offer online courses via Microsoft Teams, please see <a href="http://hillingdon.gov.uk/children's%20centres">hillingdon.gov.uk/children's centres</a> for more details</p>



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# Oak Farm Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p><b>Midwife Antenatal Clinic</b> 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Health Visitor 10 Month Check</b> 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Stay &amp; Play</b> <b>0 – 5 Years</b> 10am to 11:30am <i>Booking required.</i></p> <p>.....</p> <p><b>Baby Sensory Non-Movers</b> 1:30pm to 2:30pm No Session 9 February <i>Booking required.</i></p> <p>.....</p> <p><b>CITS - Speech &amp; Language</b> 2pm to 4pm <i>By appointment only.</i></p>	<p><b>Perinatal Mental Health</b> 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Perinatal Baby Massage</b> 10am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Stay &amp; Play Plus</b> <b>0 – 5 Years</b> 10am to 11am <i>Booking required.</i></p> <p>.....</p> <p><b>Early Bird</b> 1pm to 3pm 6 January – 10 February <i>By Invitation Only.</i></p>	<p><b>Perinatal Mental Health</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Food Explorers</b> 10am to 11am 14 January – 11 February No Session 4 February <i>By Invitation Only.</i></p> <p>.....</p> <p><b>Stay &amp; Play</b> <b>12– 24 Months</b> 1:30pm to 2:30pm No Session 4 February <i>Booking required.</i></p> <p>.....</p> <p><b>Online Weaning Party</b> Delivered by the Health Visiting Team via Zoom Weekly 10am to 11am Passcode Weaning Meeting ID 9541018 8033</p>	<p><b>Child Health Clinic Drop In</b> 9.30am to 11.30am <i>Drop in.</i></p> <p>.....</p> <p><b>Health Visitor reviews</b> 12pm to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Parent Space</b> 1:30pm to 2:30pm <i>By Invitation Only.</i></p>	<p><b>Midwife Postnatal Clinic</b> 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>SENDIASS Drop In</b> 9:30am – 11:30am 23 January <i>Drop In.</i></p> <p>.....</p> <p><b>Baby Group</b> <b>0 to 12 Months</b> 10:30am to 11:30am <i>Booking Required</i></p> <p>.....</p> <p><b>Stay &amp; Play (Messy)</b> <b>0 – 5 Years</b> 1:30pm to 2:30pm <i>Booking required.</i></p>	<p><b>Online Sessions &amp; Courses</b> We also offer online courses via Microsoft Teams, please see <a href="http://hillingdon.gov.uk/children's-centres">hillingdon.gov.uk/children's-centres</a> for more details</p>



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## Uxbridge Family Hub Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p><b>MAPS</b> 9am to 5pm <i>By invitation only.</i></p> <p>.....</p> <p><b>Midwife Antenatal Clinic</b> 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Stay &amp; Play 12 – 24 Months</b> 10am to 11am No Session 16 February <i>Booking required.</i></p>	<p><b>MAPS</b> 9am to 5pm <i>By invitation only.</i></p> <p>.....</p> <p><b>CITS - Small Talk (Speech &amp; Language)</b> 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Health Visitor reviews</b> 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>P3 Family Advice</b> 11am to 7pm <i>Booking required.</i></p> <p>.....</p> <p><b>DWP Employment &amp; Job Skills Support</b> 10am to 1pm 13 January 27 January 10 February <i>Drop In.</i></p>	<p><b>MAPS</b> 9am to 5pm Sessions on 6 August, 20 August &amp; 3 September <i>By invitation only.</i></p> <p>.....</p> <p><b>CAMHS for Under Fives</b> 9am to 5pm <i>By invitation only.</i></p> <p>.....</p> <p><b>Midwife Antenatal Clinic</b> 9am to 3pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Stay &amp; Play 0 to 5 Years</b> 10am to 11.30am No Session 4 February <i>Booking required.</i></p> <p>.....</p> <p><b>Online Weaning Party</b> Delivered by the Health Visiting Team via Zoom Weekly 10am to 11am Passcode Weaning Meeting ID 9541018 8033</p>	<p><b>MAPS</b> 9am to 5pm <i>By invitation only.</i></p> <p>.....</p> <p><b>Health Visitor reviews</b> 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Chattertots</b> 9am to 12pm <i>By invitation only.</i></p> <p>.....</p> <p><b>Family Hub Parent Group</b> 10am to 11:30am 8 January 12 February <i>By invitation only.</i></p> <p>.....</p> <p><b>Musical Babies 0 to 12 Months</b> 10am to 11am 15 January &amp; 29 January 12 February &amp; 19 February <i>Booking required.</i></p>	<p><b>MAPS</b> 9am to 5pm <i>By invitation only.</i></p> <p>.....</p> <p><b>CITS - Speech &amp; Language</b> 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Midwife Antenatal Clinic</b> 9am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Hillingdon Parent Carer Forum</b> 10am to 1pm 9 January &amp; 13 February</p>	<p><b>Hillingdon Youth Offer 7 to 24 Years (25 with SEND)</b> 10am to 2pm Various programmes include: Counselling, Mentoring, Transition, Support, LGBTQ+, Sexual Health information and advice, Substance Use and Misuse support, Programmes for girls, young women, boys and young men. <i>Use links below for programmes available</i> <a href="#">Targeted programmes for children and young people - Hillingdon Council</a> <a href="#">Young people's centres, mobile and detached team - Hillingdon Council</a></p> <p>.....</p> <p><b>Uxbridge Library</b> <a href="https://discover.hillingdon.gov.uk/uxbridgelibrary">https://discover.hillingdon.gov.uk/uxbridgelibrary</a></p>



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## Uxbridge Family Hub Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p><b>Hillingdon Youth Offer</b> <b>Various programmes</b> <b>7 to 24 Years</b> <i>See notes section for more details</i></p> <p>.....</p> <p><b>Storytime</b> <b>0 – 5 Years</b> 1:30pm to 2:30pm No Session 16 February <i>Booking required.</i></p>	<p><b>Hillingdon Youth Offer</b> <b>Various programmes</b> <b>7 to 24 Years</b> <i>See notes section for more details</i></p> <p>.....</p> <p><b>SENDIASS Drop In</b> 1pm – 3pm 20 January &amp; 17 February <i>Drop In.</i></p> <p>.....</p> <p><b>Ready to Go</b> <b>0 to 5 Years</b> 1:30pm to 3pm 20 January – 10 February <i>Booking required.</i></p> <p>.....</p> <p><b>Post Natal Baby Group</b> <b>0 to 4 Months</b> 1:30pm to 2.45pm 6 January – 10 February <i>By invitation only.</i></p> <p>.....</p> <p><b>Tooth Fairy Party</b> <b>0 – 5 Years</b> 1:30pm to 2:30pm 17 February <i>Booking required.</i></p> <p>.....</p> <p><b>Uxbridge Library</b> <b>Once Upon a Bump</b> 2:15pm to 3pm <i>Booking required.</i></p>	<p><b>Midwife</b> <b>Postnatal Clinic</b> 1pm to 3pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Hillingdon Youth Offer</b> <b>Various programmes</b> <b>7 to 24 Years</b> <i>See notes section for more details</i></p> <p>.....</p> <p><b>Health Visitor reviews</b> 1pm to 2:30pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Baby Group</b> <b>0 to 12 Months</b> 1:30pm to 2.30pm No Session on 4 February <i>Booking required.</i></p> <p>.....</p> <p><b>Online Weaning Party</b> Delivered by the Health Visiting Team via Zoom Weekly 10am to 11am Passcode Weaning Meeting ID 9541018 8033</p>	<p><b>Hillingdon Youth Offer</b> <b>Various programmes</b> <b>7 to 24 Years</b> <i>See notes section for more details</i></p> <p>.....</p> <p><b>Language for Life</b> <b>0 to 5 Years</b> 1:30pm to 2:30pm 15 January – 5 February <i>By invitation only.</i></p> <p>.....</p> <p><b>Play to Learn</b> <b>0 to 5 Years</b> 1:30pm to 2:30pm 8 January &amp; 12 February <i>Booking required.</i></p>	<p><b>Music &amp; Movement</b> <b>Confident Walkers - 5 Years</b> 1:30pm to 2:15pm <i>Booking required.</i></p> <p>.....</p> <p><b>Tiny Tales Uxbridge Library</b> <b>0 to 5 Years</b> 1:30pm to 2:30pm 8 January – 12 February <i>Booking required.</i></p>	<p><b>Hillingdon Youth Offer</b> <b>7 to 24 Years (25 with SEND)</b> 10am to 2pm Various programmes include: Counselling, Mentoring, Transition, Support, LGBTQ+, Sexual Health information and advice, Substance Use and Misuse support, Programmes for girls, young women, boys and young men. <i>Use links below for programmes available</i></p> <p><a href="#">Targeted programmes for children and young people - Hillingdon Council</a> <a href="#">Young people's centres, mobile and detached team - Hillingdon Council</a></p> <p>.....</p> <p><b>Uxbridge Library</b> <a href="https://discover.hillingdon.gov.uk/uxbridgelibrary">https://discover.hillingdon.gov.uk/uxbridgelibrary</a></p>



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# Viewsley Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p><b>Health Visitor</b> <b>2 Year Check</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Perinatal Mental Health</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Stay &amp; Play</b> <b>12 to 24 Months</b> 10am to 11am <i>Booking Required.</i></p> <p>.....</p> <p><b>Stay &amp; Play</b> <b>0 – 5 Years</b> 1pm to 2:30pm <i>Booking Required.</i></p>	<p><b>Perinatal Mental Health</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Child Health Clinic Drop In</b> 9.30am to 11.30am <i>Drop in.</i></p> <p>.....</p> <p><b>Musical Babies</b> <b>Non movers – 1 Years</b> 1:30pm to 2:30pm No Session 20 January <i>Booking Required.</i></p>	<p><b>Looked After Children (LAC)</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>CITS – Speech &amp; Language</b> 9.30am to 12pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Story &amp; Rhyme Time</b> <b>1 to 5 Years</b> 10am to 11am No Session 4 February <i>Booking Required.</i></p> <p>.....</p> <p><b>Baby Group</b> <b>0 to 12 Months</b> 1.30pm to 2.30pm No Session 4 February <i>Booking Required.</i></p> <p>.....</p> <p><b>Online Weaning Party</b> Delivered by the Health Visiting Team via Zoom Weekly 10am to 11am Passcode Weaning Meeting ID 9541018 8033</p>	<p><b>Perinatal Mental Health</b> 1pm to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Parent Space</b> 9:30am to 10:30am <i>By Invitation Only.</i></p> <p>.....</p> <p><b>Stay &amp; Play Plus</b> <b>0 to 5 Years</b> 1:30pm to 2:30pm <i>Booking Required.</i></p>	<p><b>Health Visitor</b> <b>10 Months Check</b> 10am to 11am <i>By appointment only.</i></p> <p>.....</p> <p><b>Midwife</b> <b>Antenatal and Postnatal</b> 9am to 4pm <i>By appointment only.</i></p> <p>.....</p> <p><b>Stay &amp; Play</b> <b>0 to 5 Years</b> 9:30am to 11am <i>Booking Required.</i></p> <p>.....</p> <p><b>Stay &amp; Play</b> <b>0 to 5 Years</b> 1pm to 2:30pm <i>Booking Required.</i></p>	<p><b>Online Sessions &amp; Courses</b> We also offer online courses via Microsoft Teams, please see <a href="http://hillingdon.gov.uk/children's-centres">hillingdon.gov.uk/children's-centres</a> for more details</p>



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